



## PRINCIPAL'S MESSAGE

Dear Berwick Fields Community,

We've had a fantastic start to the school year, with students settling in smoothly and engaging enthusiastically in their learning. It has been wonderful to see classrooms filled with curiosity, collaboration, and a strong sense of community.

A heartfelt thank you to our students and staff for their involvement in our recent Chinese New Year celebrations. This event was a fantastic opportunity to embrace cultural diversity, learn about traditions, and celebrate the significance of this festival with our school and wider community. Moments like these help foster inclusivity and appreciation for different cultures, values we hold dear at Berwick Fields.

A special thank you to Mrs Zhang for her leadership of this special event.




The first two weeks of school have focused on 'Setting Up for Success'. Our teachers have been working closely with students to build positive relationships, establish school expectations, and set goals for the year ahead.




## UPCOMING EVENTS

Preps No School	10 <sup>th</sup> February
School Council Dinner 6pm	10 <sup>th</sup> February
School Council Meeting 7-8pm	10 <sup>th</sup> February
Swimming Trials (Gr4-Gr6)	10 <sup>th</sup> February
Grade 6 Camp - Jungai	12 <sup>th</sup> - 14 <sup>th</sup> February
Getting Acquainted Interviews	17 <sup>th</sup> - 19 <sup>th</sup> February

## REMINDERS

 Mobile phones are not permitted at school, if brought to school all students are reminded to switch them off and sign them into the front office

 All students riding to and from school are reminded that they must wear a helmet



# Highlights so far ...

We've also had some exciting initiatives launch this term.

Our Breakfast Club is now open daily in the PAC, providing students with a great start to their morning.

Breakfast Club is for all students ... offering healthy food and a consistent routine to start the day.



Additionally, our Grade 6 students have begun the Kid Nation program, which encourages teamwork and resilience through various challenges and activities.

Looking ahead, we are excited for our Grade 6 students as they head off to Camp Jungai next week. This experience will be a fantastic opportunity for them to develop independence, leadership skills, and friendships while enjoying the great outdoors.



We wish all our Grade 4, 5 and 6 swimmers all the very best for their trials on Monday. Swim hard, do your best and have fun!

Thank you all for your continued support.

Jo Tippett  
Acting Principal



## IMPORTANT MESSAGES

### **Mobile Phones and Personal Electronic Devices Policy**

At Berwick Fields Primary School, we prioritise creating an optimal learning environment for all students. To minimise distractions and potential disruptions, we have established the following guidelines regarding mobile phones and personal electronic devices:

#### Mobile Phones:

- Students are not permitted to use mobile phones during school hours.
- If a student brings a mobile phone to school, it must be switched off and signed in at the office upon arrival and collected at the end of the day.

#### Smart Watches and Other Personal Electronic Devices:

- Personal electronic devices, such as smart watches with cellular capabilities, are not allowed during school hours.
- If brought to school, these devices must also be switched off and signed in at the office upon arrival.

#### Impact on Learning:

Research indicates that mobile phones can negatively affect students' learning by hindering academic performance and decreasing attention spans. A review by the Victorian Government found that habitual smartphone use may have a negative and lasting impact on users' ability to think, remember, pay attention, and regulate emotion.

By adhering to these guidelines, we aim to maintain a focused and productive educational environment. We appreciate the cooperation of students, parents, and carers in supporting our school's policies.

Please refer to the Victorian Government's guidelines on mobile phones in schools for more information.

[https://www.vic.gov.au/mobile-phones-schools?utm\\_source=chatgpt.com](https://www.vic.gov.au/mobile-phones-schools?utm_source=chatgpt.com)

BE RESPONSIBLE



## IMPORTANT MESSAGES

### Road Safety Reminder

At Berwick Fields Primary School, the safety of our students and community is our top priority. We kindly remind everyone to follow these important road safety guidelines:

#### Helmets:

All students riding to and from school must wear a helmet. This is essential for safety and is also a legal requirement.

#### Electric Scooters

Electric scooters are not permitted at school.

For more information on Victorian e-scooter regulations, please visit:

<https://www.vicroads.vic.gov.au/safety-and-road-rules/e-scooters-in-victoria/>

#### Safe Driving & Parking

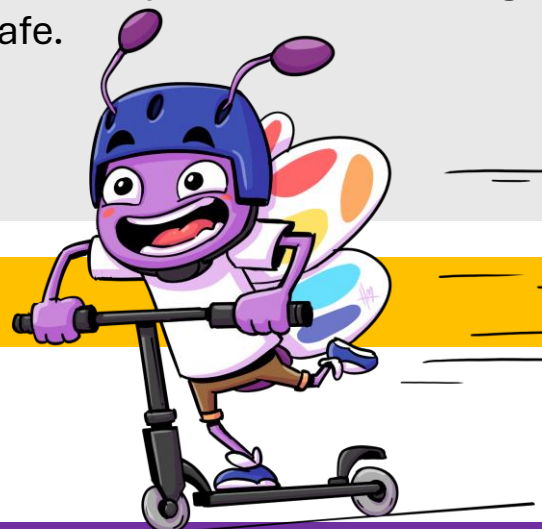
Parents and carers are reminded to drive carefully around the school and Berwick Church of Christ.

Please park only in designated areas and follow all signage to ensure a safe environment for our students and families.

Thank you for being Safe, Respectful & Responsible!

We appreciate all students, parents, and community members for doing their part in keeping our roads and school zone safe.

BE SAFE



## SPECIALIST SESSIONS AND BELL TIMES



- 09.00 Morning Bell**
- Specialist session 1**
- 10.00 Specialist session 2**
- 10.50 Recess eating time**
- 11.00 Recess**
- 11.20 Specialist session 3**
- 12.20 Specialist session 4**
- 13.20 Lunch eating time**
- 13.35 Lunch**
- 14.20 Specialist session 5**
- 15.20 End of Day**

## LUNCHTIME CLUBS TIMETABLE – TERM ONE

### MONDAY

OUTDOOR GAMES  
ECO CUBBY  
Mrs Davis

### TUESDAY

CHESS  
SENIOR CORRIDOR  
Mrs Lawton

MANDARIN  
JUNIOR CORRIDOR  
Mrs Lu

MINDFULNESS  
ROOM 17  
Ms Basel

### WEDNESDAY

STAR PERFORMERS  
PAC  
Mrs Banks

SKIPPING  
ECO CUBBY  
Mr Thatcher

### THURSDAY

ART  
ART ROOM  
Mrs Smith-Clark

### FRIDAY

MINECRAFT  
DIGI TECH LAB  
Mr Heffernan

VOCALS  
PAC (Selected students only)  
Mrs Lynch & Mrs Sarvas







SPORTS – As communicated to students for training or other opportunities throughout the Term.

## LUNCHTIME CLUBS TIMETABLE – TERM ONE



# TERM 1 2025

Keep this calendar on your fridge  
for upcoming events at school.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jan	Week 1	27 Public Holiday - Australie Day	28 Curriculum Day Student Free Day	29 Students First Day of School	30	31 Whole School Assembly Chinese New Year - Dragon Parade @ 9:15am
	February	Week 2	3 No School for Preps (Assessment via Appointment)	4 	5	6 
Week 3		10 No School for Preps (Assessment via Appointment) School Council @ 7pm - 8pm BFPS Swim Trials	11	12	13	14
Week 4		17 No School for Preps (Assessment via Appointment) Grade 1 Assembly @ 2.40pm - 3.15pm (PAC)	18	19 School Photos Prep - Grade 2 & Miscellaneous Groups	20 School Photos Grade 3 - Grade 6	21 Grade 2 Assembly @ 2.40pm - 3.15pm (PAC) Grade 6 ISS School Photos - Siblings, Absentees & Staff
Week 5		24 No School for Preps (Assessment via Appointment) Grade 4 Assembly @ 2.40pm - 3.15pm (PAC)	25	26 District Swimming 	27	28 Grade 3 Assembly @ 2.40pm - 3.15pm (PAC) Grade 6 ISS
Week 6		3 Prep Students Start Full ..... Grade 6 Assembly @ 2.40pm - 3.15pm (PAC)	4	5 	6 Grade 5 Assembly @ 2.40pm - 3.15pm (PAC)	7 Curriculum Day - Student Free Day
March	Week 7	10 Public Holiday Labor Day - No School	11 Divisional Swimming	12	13	14 Prep Assembly @ 2.40pm - 3.15pm (PAC) Grade 6 ISS
	Week 8	17 Grade 1 Assembly @ 2.40pm - 3.15pm (PAC)	18 	19	20	21 Grade 2 Assembly @ 2.40pm - 3.15pm (PAC) Grade 6 ISS Harmony Day
	Week 9	24 Grade 3 Assembly @ 2.40pm - 3.15pm (PAC) School Council Meeting & AGM	25 JSC Event Maths Community Night	26	27	28 Grade 4 Assembly @ 2.40pm - 3.15pm (PAC)
	Week 10	31 	1 BFPS Cross Country	2 Regional Swimming	3	4 Whole School Assembly Last Day of Term - 2.30pm Finish Easter Bonnet Parade

Grade 6 Camp - Jungal (12<sup>th</sup> - 14<sup>th</sup> Feb)

Getting Acquainted Interviews (17<sup>th</sup> - 19<sup>th</sup> Feb)

NAPLAN - Grades 3 & 5 (12<sup>th</sup> - 21<sup>st</sup> Mar)

NAPLAN - Grades 3 & 5 (12<sup>th</sup> - 21<sup>st</sup> Mar)

Grade 5 Camp - Cave Hill Creek (26<sup>th</sup> - 28<sup>th</sup> Mar)

# UNIFORM

The wearing of school uniform is compulsory at Berwick Fields Primary school. For our full uniform list, please see our Website or contact PSW- 407 Princes Hwy Officer- 03 9768 0382.



Polo Shirts  
Blue or White



Jumper



Polar Fleece  
Jacket



Summer Dress



Black Pants  
No Jeans



Black Shorts



Blue Hat **Compulsory** from  
1 September till 30 April



Winter Skirt (Tunic)



Socks –  
White, Black, Navy



Sport Shoes or Black Shoes



The following items are not permitted as a part of our uniform:

Jewellery



Long Earrings

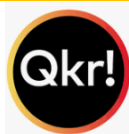


Nail Polish



Make-Up





# Berwick Fields Canteen Menu

## "Little Lunches Canteens"

Vegetarian (V)  
Halal (H)

### Recess Menu

Homemade blueberry/banana muffin	\$3.50
Homemade banana bread	\$3.00
Snack box: Includes crackers, cheese, carrot, cucumber and hummus	\$5.50
Fruit piece (seasonal)	\$2.00
Fruit salad cup	\$4.50
Cheese and crackers	\$3.50
Jelly cup	\$2.50
Yoplait yoghurt pouch (vanilla or strawberry)	\$2.00
Popcorn	\$1.50
Rice crackers	\$1.00
Jumpy's chicken flavour snacks	\$2.00
Freshly baked choc-chip cookie	\$1.00
Iced cupcake with sprinkles	\$3.00

### Hot Lunch Menu

Skinless Hot dog	\$5.00
- add tasty cheese	\$0.50
Margarita Pizza (V)	\$5.00
Nachos with cheese and salsa (V)	\$6.00
Party pies, 3 pieces	\$4.50
Fish fingers, 4 pieces (V)	\$4.50
Dim <u>sim</u> , 1 piece (soy sauce optional)	\$1.50
Chicken nuggets, 6 pieces	\$6.00
Meat pie (H)	\$6.50
Sausage roll (H)	\$6.50
Spinach and cheese roll (V)	\$7.00
Mac and cheese (V)	\$5.00
Butter chicken & rice	\$6.00
Penne pasta with Napoli sauce (V)	\$5.00
Tomato sauce	\$0.40

### Drinks and frozen treats

Juice box	\$2.50
OAK Chocolate or strawberry milk	\$3.50
<u>Bottled</u> water	\$3.00
Mini Calipo	\$2.50
<u>Zooper Dooper</u>	\$1.00
Frozen fruit cup	\$2.00
Blue <u>Moosie</u> frozen milk treat	\$3.00

Children will redeem their frozen treat at the canteen with a token placed in their order bag.

### Cold Lunch Menu

Sandwich or roll with Roast Chicken OR Ham OR Tuna with salad*	\$6.50
- add beetroot	\$1.00
- add Tomato	\$1.00
- add red onion	\$1.00
- add cucumber	\$1.00
- add avocado	\$1.00

\*Lettuce, carrot, cheese and mayo included. Option to remove any toppings.

Ham and cheese sandwich	\$5.00
Ham sandwich	\$5.00
Sandwich (select spread)	\$4.00
- Vegemite	
- Strawberry jam	
- Cheese	

Ham and cheese croissant	\$5.50
Tomato and cheese croissant (V)	\$5.50
Cheeseburger (H):	\$7.00
White roll with beef <u>pattis</u> , tomato sauce and cheese**	

Chicken burger:	\$7.00
Chicken schnitzel with lettuce, cheese and mayo**	

\*Option to remove cheese and/or mayo

To order and pay via card: order via the QKR app by registering each child and placing recess and lunch orders separately.

To order and pay via cash: write your child's name, class, food order and cash amount enclosed on a paper bag

Any questions can be emailed to Jess at

[littlelunchcanteens@gmail.com](mailto:littlelunchcanteens@gmail.com)

Orders close at 9am to allow staff time to freshly prepare each order.



Confidence Communication Skills Creativity

# superspeak



Weekly public speaking, drama & presentation skills for ages 6-14

17 Venues Across Melbourne

- ★ Leading Curriculum
- ★ Experienced Teachers
- ★ Loads of FUN!

## communication

- ★ quick thinking
- ★ **expression**
- ★ teamwork
- ★ **confidence**
- ★ leadership
- ★ **persuasion**
- ★ vocal variety

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BERWICK FIELDS TEAMKIDS



# NEWSLETTER

## WHAT'S BEEN HAPPENING

Good day families!

We would like welcome all our families in 2025. Let's make this year very successful!

We had a very successful VAC with exciting activities such as a colour run, water mania, Dinosaur incursion, and many excursions such as inflatable world, Rush HQ, movies etc. We would like to thank all our families and children for their amazing feedback for this VAC.

Looking at our children's interest, this Term, we will be starting new clubs such as Minecraft construction to give children an opportunity to work on their creativity, fine motor skills and cognitive skills. Moreover, Breakfast Club can help develop cooking skills and independence, where Active games club promotes an active and healthy lifestyle.

Last week, the children created a "Welcome Back To School" banner, printing their handprints and signing their names. During mini meetings, we introduced our new preps to their peers and welcomed them to TEAMKIDS. The older children are encouraged to accompany our new preps and students and make them comfortable in a new environment.

As a part of Chinese Lunar Year Celebrations, the children participated in activities such as Clay animals - Chinese Zodiac sign theme, learned to write Chinese letters, make paper chain snakes, play Fruit salad in a Chinese zodiac sign theme etc.

- IMPORTANT DATES**
- 📅 11<sup>th</sup> February  
Teddy bear picnic
  - 📅 4<sup>th</sup> march  
Pancake Day |

## TeamKids Clubs ASC Week 1 - 10

**Wednesday**  
Minecraft Club



**Everyday**  
Breakfast Club!



**Thursday**  
Epic Active Game



Service Mobile: 0484 300 074

Office Phone: 1300 035 000

ServiceEmail:berwickfieldsps@teamkids.com.au

Office Email: info@teamkids.com.au



**Tuning in to Kids - Online**

Emotional Intelligent Parenting for children Aged 3-12 years

Would you like to learn how to:

- Understand your child's emotions?
- Helping your child to manage their emotions?
- Preventing behaviour problems in your child?
- Teaching your child to deal with conflict?
- Being aware of your own emotions?
- Finding ways to talk to your child and respond to them when they have big emotions.

**DATE:** Monday 10th February- 17th March  
**TIME:** Online-via Zoom  
**WHERE:** March 11.00am- 1.00pm.

Free event but you must register through the QR code below



Attendance at all sessions is required  
For bookings and enquiries contact:  
Iris Guasch 0436 007 492 or  
email: iris.guasch@anglicarevic.org.au

Children with emotional intelligence tend to:

- Have greater success with making and keeping friends
- Show improved concentration at school

anglicarevic.org.au

**PARENTZONE** BETTER TOMORROWS



**BIG EMOTIONS, CALM RESPONSES**  
PARENTS BUILDING SOLUTIONS

**MANAGING OUR OWN, OR OUR CHILDREN'S, EMOTIONS POSITIVELY AND CALMLY IS DIFFICULT!**

- Are you or your child/ren finding emotional regulation a challenge at times?
- Would you like to understand what fears, worries and behaviours are "normal" for your child/ren's age and stage of development, and how issues such as trauma or neurodiversity impact on them?
- Would it be helpful to explore strategies to respond to your child/ren's big feelings like anger, anxiety, fear, and frustration?
- Do you find it a challenge to establish clear boundaries that support your child's emotional regulation?

**DATE:** Mondays, 17th February - 31st March (no session on Labour Day)

**TIME:** 9.15 a.m. - 11.15 a.m. (after drop-off)

**WHERE:** Berwick Lodge Primary School  
139 - 145 Mansfield Street, Berwick

**COST:** FREE!

For more information contact:  
Carey Cole - 0437 428 281  
carey.cole@anglicarevic.org.au  
OR

Register using the QR code or this link:  
<https://events.humanitix.com/parents-building-solutions-big-emotions-calm-responses>



If your answer to any of these questions is "Yes", please join us for this parenting session.

**PARENTZONE**

BETTER TOMORROWS



**Tuning into Teens**

Families within the Cranbourne/Clyde area  
A six- session parenting program for parents with adolescent aged 11-18

Would you like to learn how to: **DATE:** Tuesdays 18, 25, 4, 11, 18, 25 March

**TIME:** 7.00pm-8.30pm

**WHERE:** Online via Zoom

**COST:** Free to register via QR code

- Communicate with your teen?
- be better at understanding your teen?
- help your teen to manage their emotions?
- Teach your teen to deal with conflict?
- help to prevent behaviours problems in your teen?



For more information contact:  
iris.guasch@anglicarevic.org.au

Cranbourne Communities for Children Initiative is funded by the Australian Government



**PARENTZONE**



**BEYOND THE VIOLENCE**  
FACILITATOR TRAINING - FRANKSTON

Would you like to develop your skills when working with parents and children affected by family violence?

**DATE:** Wednesdays, 26th February, and 5th and 12th March

**TIME:** 9.00 a.m. - 4.30 p.m.

**WHERE:** Frankston location  
Details provided on registration

**COST:** FREE!

**THIS TRAINING IS SUITABLE FOR:**

- Professionals or tertiary students with existing group-work skills, and/or a background/passion for working with women and children impacted by family violence
- Professionals or tertiary students who would like the opportunity to learn group facilitation skills with a trauma-informed approach
- Those wishing to develop their skills and knowledge for working with families affected by family violence

**BOOKINGS ARE ESSENTIAL** - please register here:  
<https://events.humanitix.com/btv-training-frankston-term-1-2025>

For more information, contact:  
Carey Cole - 0437 428 281  
carey.cole@anglicarevic.org.au

The training takes place over three days, all of which must be completed to attain BTV Level One Facilitator Accreditation.



**PARENTZONE**